

## North Dakota Department of Human Services Recommended Mental Health Screening Tools

### Ages 0 through 60 months

1. **Ages and Stages Questionnaires: Social - Emotional**
2. **Brigance Screens II** [www.cirriculumassociates.com](http://www.cirriculumassociates.com)
3. **Brief Infant and Toddler Social and Emotional Assessment (BITSEA)**  
[www.pearsonassessments.com](http://www.pearsonassessments.com)

### Ages 5 through 21

1. **Pediatric Symptom Checklist (PSC)** <http://www.brightfutures.org/mentalhealth/pdf>
2. **Pediatric Symptom Checklist – Youth Report (Y-PSC)**
3. **Strength and Difficulties Questionnaire (SDQ)** [www.sdqinfo.org](http://www.sdqinfo.org)

### Other Tools

1. **M-CHAT - Autism screening** [www.mchatscreen.com](http://www.mchatscreen.com)
2. **CRAFFT – Substance Abuse and Alcohol Abuse screening** [www.teenscreen.org](http://www.teenscreen.org)
3. **Patient Health Questionnaire Modified for Teens (PHQ-9) – Depression screening**  
[www.teenscreen.org](http://www.teenscreen.org)
4. **Kutcher Adolescent Depression Scale**  
<http://www.cprf.ca/newsite/admin/uploads/docs/KADS11.pdf>

If using the Denver II or Ages and Stages 3 an evidenced based mental health screening tool must also be used.