



Health & Human Services

**TRANSCUTANEOUS ELECTRICAL NERVE STIMULATORS (TENS)**

Service Authorization Required - Yes

CMN Required: No

**DURABLE MEDICAL EQUIPMENT MANUAL**

COVERAGE AND LIMITATION CRITERIA AND POLICIES

EFFECTIVE: March 2007

REVISED: November 2023

**TRANSCUTANEOUS ELECTRICAL NERVE STIMULATORS (TENS)**

**Indications and limitations of coverage and medical appropriateness:**

1. Required to **rent** a minimum of one month. This is considered the trial period.
  - If effective after the one-month trial rental period, the supplier can submit for purchase of the TENS unit and must provide documentation to support compliance and effective treatment.
  - All supplies are included during the rental period and will not be reimbursed separately. Includes electrodes, lead wires, batteries, etc.
  - Conductive paste or gel allowed if needed, and only with member owned equipment.
  - Limited to one every five years.

**Supplies:**

- Electrodes: two units per month.
- Lead Wires: only allowed for replacement if inoperable with maximum of one time per year.

**Documentation Requirements:**

- A prescription from prescribing physician/practitioner.
- Physician/practitioner exam within 90 days of the service authorization start date.
- Medical documentation supporting the need.



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**Date Revised**

**Revisions**

July 2017

Reviewed and reformatted

February 2020

Add new logo. Documentation Requirement bullet # 3 changed 60 to 90.

November 23, 2022

Reviewed and unchanged. Header updated with new logo.

November 17, 2023

Reviewed and reformatted. Removed CMN required removed.