

## Hormonal Implant Removal – CON 6

DEFINITION
This protocol covers the removal of the hormonal implant. The rod can be removed at any time but should be removed at the end of three years per package insert.
SUBJECTIVE
Should include: <ol style="list-style-type: none"><li>1. LMP</li><li>2. Medical, sexual, and contraceptive history as appropriate</li><li>3. Determine reason for removal if before expiration date</li><li>4. No allergies to antiseptics or local anesthesia used for removal</li><li>5. Reproductive life plan</li></ol>
OBJECTIVE
Must include: <ol style="list-style-type: none"><li>1. Palpable implant rod</li></ol> May include: <ol style="list-style-type: none"><li>1. Physical examination, if indicated</li></ol>
LABORATORY
No specific lab requirement
ASSESSMENT
Client who desires implant removal
PLAN
<ol style="list-style-type: none"><li>1. Obtain consent for removal</li><li>2. Document in the chart the reason she requests removal of implant.</li><li>3. Discuss and document the risks associated with the removal (infection, bleeding, or inability to remove the rod at this time and follow-up plan, as indicated.</li><li>4. Remove implant per manufacturer's instructions.</li><li>5. New implant may be placed the same day if desired. Ensure proper anatomical site and positioning prior to reinserting in same location (see manufacturer's instructions).</li></ol>
CLIENT EDUCATION
<ol style="list-style-type: none"><li>1. Contraceptive education specific to desires of patient's reproductive life plan. (Refer to chosen method protocol.)</li><li>2. Review safer sex education, as appropriate.</li><li>3. Recommend client RTC for annual exam and PRN for problems.</li></ol>
CONSULT / REFER TO PHYSICIAN
<ol style="list-style-type: none"><li>1. Any client with an allergic reaction to local anesthetic.</li><li>2. Any client with difficult implant removal.</li></ol>
REFERENCES
<ol style="list-style-type: none"><li>1. <u>U.S. Selected Practice Recommendations for Contraceptive Use, CDC, 2016</u></li><li>2. <u>Nexplanon Package Insert, 2021</u></li><li>3. Hatcher RA, Nelson A, Trussell J, Cwiak C, Cason P, Policar MS, Edelman A, Aiken ARA, Marrazzo J, Kowel D, eds. (2018) Contraceptive Technology. Ayer Company Publishers, Inc., 21:143- 148.</li><li>4. <u>Switching Birth Control, Reproductive Health Access Project, 2021</u></li></ol>

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